

Winterton Town Council Newsletter

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Spring 2020

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Dear Residents,

We find ourselves in a situation like never before, a situation that is likely to get worse before it gets better. But in my 50 years as a serving Councillor, I have never been prouder to be the Mayor of our fantastic community.

Every single one of us is affected by the pandemic in some way, made changes to the way we live and yet everyone has found the time to help others in some way, be it chatting over a fence to a neighbour living on their own or collecting shopping for someone who is classed as high risk.

Many of your children and grandchildren have drawn rainbows and put teddy bears in windows to make others smile as they walk past. Whilst getting to grips with home schooling. Businesses have gone above and beyond to do what they can to help others whilst trying to protect themselves and their staff. Special praise to local shop keepers, some of whom are literally working throughout the night baking bread, please remember these people when this National Emergency is over and **CONTINUE TO SUPPORT YOUR LOCAL BUSINESSES.**

Our teachers, on call fire service, our local policing team, staff and doctors at the medical centre and pharmacy, postman (and lady), you are all doing an amazing job supporting our community. And a special thanks to those people of the NHS who live in Winterton and are travelling to hospitals on both sides of the river, and further afield, to carry out their jobs. We also must remember the care workers who are looking after people in the care homes or visiting the elderly in their own homes. All are truly heroic.

Thank you to each and everyone of you and above all **KEEP SAFE** and **STAY AT HOME** where possible.

Don Johnson Cllr Don Johnson, Mayor Winterton

It can be a worrying time especially if you live alone or don't have family to lean on. Some people may feel that they have no choice but leave their home for food. Therefore, if you need help or you know of someone who might need help, please get in touch. By doing so, you might help save a life.

Key Contacts:

Cllr Don Johnson 01724 732698

Cllr Paul McCartan 01724 379485

Lisa Newstead Town Clerk 01724 488085

Nikki Mumby 01724 7334414

Help us to help them

STAY AT HOME 

PROTECT THE NHS 

 **save lives**

Take care of your neighbours

A Volunteer for Every Street!

Councillor Paul McCartan is co-ordinating a small army of volunteers to assist others. Every Street/road in Winterton has a help hero on hand. Each volunteer has posted a slip through your door with their name and contact details on. Please contact them if you need any shopping or need a prescription collecting. These people have volunteered to help protect the lives of our elderly and vulnerable residents.



If you have had a slip through your door but would like to confirm that the offer of help is a genuine one, please contact Paul on 379485 or 07796 170712 and he will be able to confirm the name and address of the volunteer for your area.

Paul has also drawn up a list of local business/ services and their revised opening times, and if they offer delivery service. Get in touch if you would like a copy.

Government Advice for those over 70 or with underlying health conditions

People who are 70 and over, or those who have an underlying health condition, are likely to be more seriously affected. It is even more important that you protect yourself now by following the Government advice .

If you are at very high risk due to a serious underlying health condition, you should have already received a letter from the NHS containing specific guidance about what to do.

If you need shopping or medication, ask family, friends or neighbours to drop these at the door, or if possible, order online. Use NHS online services or the NHS App to book appointments or order repeat prescriptions – only phone if this is not possible.

GP consultations should be done over the phone or online, to minimise risk to you and other patients. GP practices may postpone non-urgent health checks or routine appointments.

There has been a huge amount of information thrown at us over the last month so if you are still unsure about the Government advice please go to www.gov.uk/coronavirus

For advice from the NHS, please go to www.nhs.uk

Unfortunately not everyone out there is trustworthy and some people will try to take advantage of this unusual situation our society is facing and try to exploit people.

To avoid becoming a victim of a scam, we've please follow our tips and advice below:

- Be cautious and listen to your instincts. Don't be afraid to hang up, bin it, delete it or shut the door
- Take your time; don't be rushed
- If someone claims to represent a charity, ask them for ID. Be suspicious of requests for money up front. Check with family and friends before accepting offers of helps if you are unsure
- If you are online, be aware of fake news and use trusted sources such as .gov.uk or NHS.uk websites. Make sure you type the addresses in and don't click on links in emails
- Only purchase goods from legitimate retailers and take a moment to think before parting with money or personal information
- Know who you're dealing with - if you need help, talk to someone you know or get in touch with your local Council on the numbers below
- Protect your financial information, especially from people you don't know. Never give your bank card or PIN to a stranger

**If you would like a copy of the full letter from our local policing Team .
Please contact the Clerk on 01724 488085**